



Founders Studio
Guildford School
of Acting
University of Surrey,
Guildford GU2 7XH

Tickets
£25 Full
£15 Concession

Booking
surrey.ac.uk/arts/theatre/laban-therapyclinical-practice-dr-katya-bloom

Box Office
01483 686 876



Dr Katya Bloom
PhD, BC-DMT, CMA

20 June, 1 – 4pm, Founders studio, GSA

Laban for Therapy/Clinical Practice How and When Does Laban Movement Analysis Support Clinical Practice?

As clinicians know, emotional pain can be difficult to put into words, and is often experienced through bodily sensation. LMA provides a structural framework that fosters perceiving and reflecting on nonverbal language. LMA can open new and creative perspectives for both therapists and their patients.

LMA is especially useful for recognising states of mind, and patterns of habit and of change – including therapists' own countertransference experience. But how and when do we make use of LMA vocabulary?

This experiential workshop will be a valuable review for Dance Movement Psychotherapists, a worthwhile introduction to therapists who are new to LMA, and will also be of interest to others who value exploring the relationship between movement and psychological and emotional processes.

Dr Katya Bloom

Katya Bloom, PhD, BC-DMT, CMA, taught 'Movement Observation and Analysis' on the DMP training at Roehampton University from its inception in 1985 until 2000, and also worked in private practice in London until 2009. She is author

of *The Embodied Self: movement and psychoanalysis*, co-author with Rosa Shreeves of *Moves* and co-editor with Sandra Reeve and Margit Galanter of *Embodied Lives: reflections on the influence of Prapto Suryodarmo and Amerta*

Movement. Based in Santa Barbara, CA. since 2010, she practices, teaches and lectures on a freelance basis, including as a founding member of Thrive Infant Family Program in Los Angeles. www.depthmovement.com

Recognised CPD hours for therapists and trainees from the Association of Dance Movement Psychotherapy (ADMP) <http://admp.org.uk>

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